



Food Waste Lesson Plans and Activities

Resource page modified from Iowa School Food Waste Minimization Toolkit

CHANGEFOOD.ORG – This lesson plan supplements the TEDxManhattan Video *Address the Excess – A Recipe for Cutting Food Waste* and is designed to be integrated into a variety of learning settings, both educational and recreational.

Lesson Plans and video: <https://www.changefood.org/video/peter-lehner-address-the-excess-a-recipe-for-cutting-food-waste/>

FOODSPACE – Wasted Food – In the United States, as much as 40 percent of harvested food is never eaten. Students will learn why food waste is a problem and explore strategies to reduce it. Extension projects will further empower students to reduce food waste in their homes, schools, and communities

http://www.foodspanlearning.org/_pdf/lesson%E2%80%90plan/unit3/lesson13%E2%80%90wasted%E2%80%90food%E2%80%90lessonplan.pdf

MSNBC – Food Waste an Educators’ Guide – This document is a guide to teaching students about food waste, with conversation starters, lessons, and activities suitable for grades K-12.

<http://www.msnbc.com/msnbc/teaching-kids-waste-less-food>

NEVADA RESEARCH DATA CENTER – Food Waste and Sustainable Investigation – This lesson introduces students to food waste and sustainability by engaging them in a local site-based investigation.

<http://sensor.nevada.edu/Static/Documents/Education/Washoe%20Activities/Middle%20School/8-Armbruster-5E%20Lesson-Food%20Waste.pdf>

READ, WRITE, THINK – Finding Solutions to Food Waste: Persuasion in Digital World – Students explore the problem of food waste using electronic and traditional modalities

<http://www.readwritethink.org/classroom-resources/lesson-plans/finding-solutions-food-waste-30950.html>

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<http://www.youthdownloads.com/>